

SPR 45th Annual Meeting

Copenhagen, Denmark - June 25-28, 2014

Newsletter - June 2014



See you next week!

We are almost there! After years of preparation, the Copenhagen SPR Annual Meeting is finally about to begin. In this final newsletter we will try to guide you through the practical challenges you may have as a participant, i.e. registration, the technicalities of presentations, how to make your poster stick to the board ... We also round up our presentation of the neighborhoods of Copenhagen with an introduction to the attractions of the immediate surroundings of the conference venue – things to see in a coffee break so to speak. Finally, we will give you a brief guide to fine (and more simple) dining in Copenhagen.

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Practical information

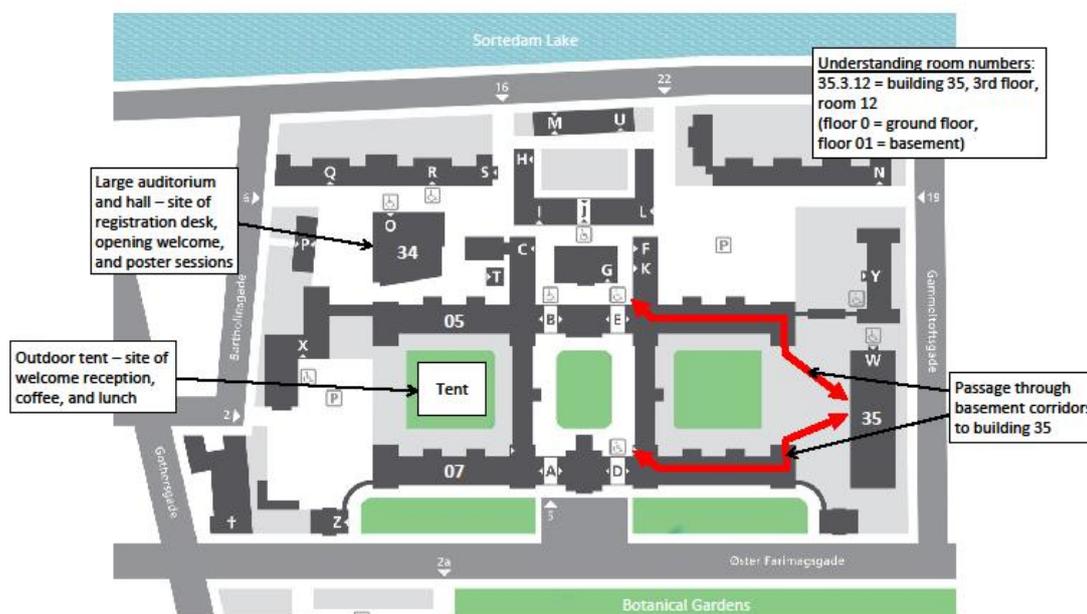
Registration desk

The registration desk is situated in building 34. Arriving at the main entrance of Center of Health and Society at Øster Farimagsgade 5, go through the left gate and proceed all the way through the next gate. Then turn left

- and you have arrived (see the map of the venue on the following page). The registration desk opens at 8.30 a.m. Wednesday, 7.30 a.m. Thursday, and 7.45 a.m. Friday and Saturday. Closing time is 6.00 p.m. all days.

Map of meeting venue

Faculty of Social Sciences, CSS (Center for Sundhed og Samfund), Øster Farimagsgade 5



With your conference pack you will receive a program, a name badge, certificates of your presentations, drink tickets for poster sessions and banquet tickets and/or book of abstracts (if you have ordered this). We do sell banquet tickets at the registration, but the SALE ENDS THURSDAY AT 2.00 p.m. (the banquet venue's deadline). We also have a very limited amount of conference T-shirts and abstract books for sale.

Instructions for presenters

All meeting rooms are equipped with a PC, projector, screen and speakers. Except from the lunch breaks, our student staff and their trained supervisors are present on each floor of each building to help you loading your files and delivering your presentations as easily as possible. Presenters should bring their PowerPoint presentations on a flash drive, which can be loaded onto the meeting room PC. Do not plug your personal laptop computer into the projector; only the PC in the meeting room should be used. We strongly advise presenters to load their

presentation well in advance of your presentation, preferably the day before. You will have access to the computers in the meeting rooms from 8.30 a.m. Wednesday and 7.30 a.m. the following days. On the PC desktop, you will find folders named "Presentations, Wednesday morning", "Presentations, Wednesday afternoon" etc. Load your presentation in the designated folder for easy retrieval. Microsoft Office is installed on all PC's.

A special note to MAC users: when saving your file to your flash drive, be sure to save it with a full filename (e.g., presentation.ppt) – files without the filename extension cannot be read by the PC.

Poster sessions

Poster presentations are conducted in the lobby of room 34 (opposite the registration desk) in two sessions, Friday and Saturday, with a new set of posters each night. This means that poster presenters must remove their posters at the end of each poster ses-

sion to make room. Posters can be mounted from 2.00 a.m., Thursday, and all day Friday. Poster easels are numbered following the poster numbers in the program. Be sure to mount your poster on the designated easel using adhesive strips (obtained at the registration desk) - and please be sure to remove it at the conclusion of the poster session.

Wi-Fi

You will have access to Wi-Fi everywhere at the conference venue. Please look for the name of the network and the password in your conference packs.

Welcome reception

Wednesday, at app. 8.00 p.m., after the opening welcome, we will all convene in the large tent in the garden between buildings 5 and 7 for the welcome reception. There will be a jazz band, a dinner buffet and free bar. Hopefully, you will all attend to make this a truly enjoyable beginning of the conference.

Please note that summer weather in Denmark is somewhat unstable, so we may have

evening temperatures anywhere between 10 and 22 degrees Celcius. Thus, even though we are sure that the weather will be excellent, it is always a good idea to bring a light sweater along with a dinner jacket (and perhaps a pair of stockings for the ladies). To make sure you will be comfortable regardless of the weather, we have heating in the tent as well.

Coffee and lunch

All days, both coffee and lunch is served (for free) in the tent in the garden. In the lower floor of building 35, a privately run cafe sells coffee as well, so even if you do not care for the walk to the tent you will not run out of coffee.

Book stalls

In the lower floor of building 35, you will also find stalls from various publishers along with a stall from our local bookshop, Academic Books, who have promised to bring a large sample of books authored by conference participants.

City Areas: A stone's throw from the conference venue

The conference venue is situated in one of the most vibrant parts of Copenhagen between the city lakes and the Botanical Gardens. In recent years, a number of large scale initiatives are changing the area (and since certain of these changes are still taking place, certain parts of the surroundings may appear a bit messy, we are afraid). First of all, between the University and Nørreport Station you will find "Torvehallerne", a gourmet food market, which opened in 2011. In just a few years these market halls have become the favorite spot for food shopping and eating in Copenhagen with more than 60 shops selling a large variety of food. If (contrary to our expectations) you are still hungry after the conference lunch, this is the place to get a snack.

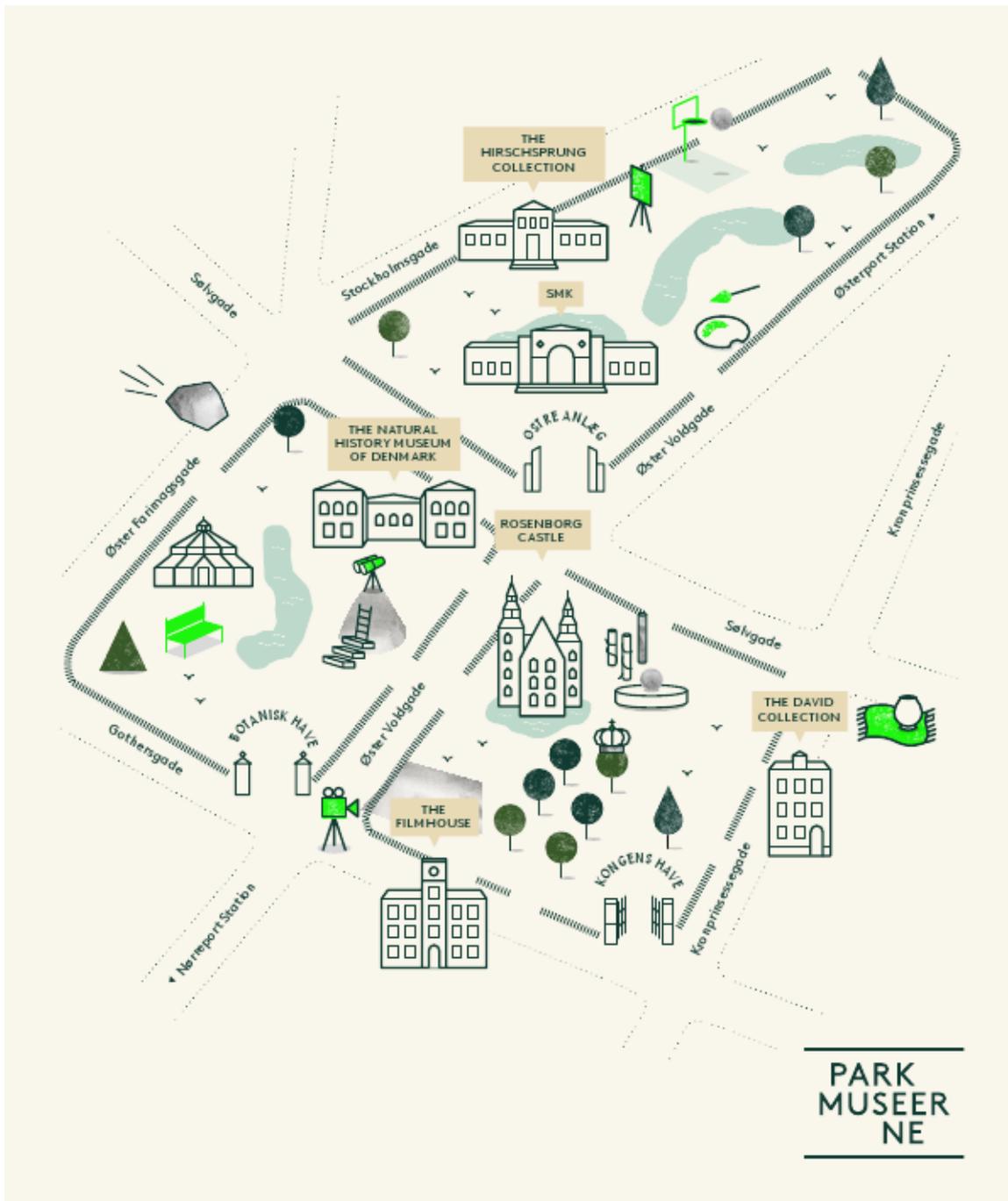


Torvehallerne – Photo: Christian Alsing

Directly opposite from the conference venue, across Øster Farimagsgade, lies the Botanical Gardens (turn left after crossing the street and walk 100 m for the entrance). Recently, with inspiration from, e.g., the museum island of Berlin, the Botanical Gardens have been integrated into the museum district, Parkmuseerne. Located in and around three beautiful parks you will find six

museums: The David Collection, The Filmhouse, The Hirschsprung Collection, SMK (National Gallery of Denmark), Natural History Museum of Denmark and Rosenborg Castle.

Here you can experience the very best that art and nature have to offer. From the Crown Jewels, all kinds of international movies and the world's biggest meteorite to outstanding Danish and international art.



Visiting the museums also invites you to visit the parks: The King's Garden, the Botanical Gardens, and the Østre Anlæg Park. In the parks you can slow down and take a rest, visit playgrounds and enjoy a light meal,

a drink, or a cup of coffee in the surrounding cafés and restaurants.

Everything is within walking distance – and The Parkmuseerne ticket gives you access to all six museums for the price of DKK 195.

The ticket is for sale at all ticket offices of the participating museums.

One final thing to see is the Workers' Museum, located in Rømersgade 22 just around the corner from the conference venue. This relatively small museum recreates the living conditions of working families at various points of time in the history of the past 100 years. A particular attraction is the café and pub "1892" where both the menu and the historic rooms are brought back to their historic appearance.

If you are getting a bit tired of all these tourist attractions, take a stroll down Nørrebro-

gade and across Queen Louise's Bridge to the neighborhood of Nørrebro. When the weather is warm, the local youth gathers on the bridge, which is crossed by more than 36.000 bicycles every day. Nørrebro is perhaps the most multicultural area of Copenhagen with a large representation of different ethnic groups and a high number of students - probably due to the still relatively reasonable costs of living here. Try for instance the cafes of Skt. Hans Torv or go shopping in the African shops of Griffenfeldsgade – you are still within walking distance of the conference.



Café life at Skt. Hans Square. Photo: Morten Jerichau

Theme: Dining in Copenhagen

The restaurant scene in Copenhagen is an attraction in itself with everything from reasonably priced bistros to Michelin-starred places. One thing you can be sure of is the focus on high quality, seasonal ingredients and an unpretentious take on dining out.

Just a decade ago Nordic gastronomy was not exactly talk of the town. This has changed dramatically, and one of the main reasons is restaurant noma. Four times winner of the title Best Restaurant in the World, in 2010, 2011, 2012 and 2014, noma epitomizes

the New Nordic wave which has echoed around the world.

In short, the essence of the Nordic kitchen is the focus on mainly using the natural resources of the Nordic larder. Fresh seasonal vegetables, locally caught fish and cured or smoked fish and meats are some of the hallmark ingredients that have helped shape a modern local kitchen with international appeal.

While the renowned Nordic kitchen is obviously innovative in its approach, a more

quiet revolution has occurred when it comes to the traditional Danish open sandwiches, *smørrebrød*. In recent years, ambitious chefs have revived smørrebrød, preparing it with a dedication that turns it into a true gourmet experience. Traditionally, smørrebrød comes with beer and snaps, the Nordic aquavit, but you may want to skip this part, at least if you intend to return to the conference after your meal.



Traditional Danish smørrebrød

In the following section, we will recommend restaurants in various price ranges. While eating out in Copenhagen is definitely not cheap, you will be able to find restaurants where you can get a good meal for less than DKK 200 and truly exquisite restaurants where DKK 500 will take you a really long way.

Let us start with the smørrebrød. Our particular favorite places are Aamanns and Restaurant Koefoed. Aamanns is a couple of hundred meters to the left from the venue, down to Øster Farimagsgade 10. The new wave of smørrebrød began here! Restaurant Koefoed at Landgreven 3 sells specialities from the small island of Bornholm in the Baltic Sea – and they serve what may be the best lunch in town, period.

If you are looking for really affordable restaurants close to the conference venue, La Petanque at Rømersgade 9 may be the place to go. They serve *galettes*, French dinner pancakes, and while the food is not sophisticated, you will get a good meal at a reasonable price. Another affordable alternative in the neighborhood is the “gourmet” burger restaurant, Halifax, Frederiksborggade 35.

Really good meals that do not cost a fortune are also served at the two French bistros, Tire Bouchon and L’education nationale. Both are situated in the charming old quarter, Pisserenden (we will not translate the name, but ask any Dane) at Teglgårdstræde 5 and Larsbjørnsstræde 12, respectively.

For those of you who are fans of the Danish TV series, Borgen, we think we should mention that our caterer, Bojesen, has only a couple of weeks ago opened a restaurant, The Tower, in the tower of the Danish parliament, Christiansborg (or “Borgen”). We really cannot say anything about the food, but the location is definitely spectacular.

And now for the places we really love. Restaurant Høst, Nørre Farimagsgade 41, just a couple of hundred meters down Farimagsgade is perhaps the best way to spend US \$ 100 in Copenhagen. At this price you will get the full menu with five courses and a wine menu – at a restaurant that was recently awarded the best designed restaurant in the world. Other restaurants within a similar price range where you get excellent value for money are Pluto, Borgergade 12 (choose the full menu where you get 12 servings!) and Restaurant Bror, Sankt Peders Stræde 24A, where two former noma chefs present their take on the Nordic kitchen within a much more affordable price range.

We could go on with the all the real top restaurants as well (there are a lot of Michelin starred restaurants to explore in Copenhagen) but of course you should be allowed to do a little research on your own. A place to start is

<http://www.visitcopenhagen.com/copenhagen/restaurants/eat-your-heart-out> where you will find lots of lists of recommendable restaurants of different varieties. We will just end up wishing you a truly enjoyable stay in Copenhagen – let us make this an SPR meeting to remember!